

## 4 R's Model

Learning Log - March 21, 2024

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**Record:** Today, I dedicated my study session to enhancing reading comprehension skills for the TOEFL exam. I engaged in focused practice, utilizing active reading techniques such as skimming and scanning to navigate complex passages efficiently.

**Reflect:** Active reading strategies proved invaluable in identifying main ideas and locating specific details within the text. Contextual understanding played a pivotal role in interpreting unfamiliar vocabulary and grasping nuanced concepts.

**Respond:** Consistent practice remains essential for skill development. Engaging in TOEFL practice tests and supplemental reading materials helped reinforce comprehension strategies and build confidence in handling diverse texts.

**Reevaluate:** Reflecting on today's study session, I recognize the importance of persistence and strategic learning. Moving forward, I aim to continue refining reading comprehension skills through targeted practice and exploration of various text types.

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